

Motivational Values Exercise

Please rank the top ten values in order of importance, 10 being least and 1 being most, for the Foundation's giving and for you personally (if they are different).

Value	Definition	Fndtn. Giving	Personal
belonging	feeling connected to and liked by others		
community	feeling a meaningful connection to a group of people		
compassion	feeling sympathy, care or concern for others		
competence	being effective at what you do		
courage	standing up for your beliefs		
equality	respecting everyone's right to parity		
family	taking care of and spending time with loved ones		
freedom	embracing liberty, exercising choice and free will		
friendship	experiencing close ongoing relationships		
helping	taking care of others and meeting their needs		
innovation	finding new and creative ways of doing things		
integrity	aligning your actions with your beliefs		
justice	pursuing what is fair and morally right		
knowledge	acquiring intellectual stimulation and new ideas		
leadership	guiding people and projects, setting the pace		
obligation	feeling a sense of duty or responsibility		
opportunity	having the chance to experience progress and advancement		
personal growth	pursuing skills and self-awareness		
pleasure	seeking personal enjoyment and fun		
power	havin the ability to influence others		
recognition	getting noticed for your efforts		
risk	exploring the unknown, testing limits		
spiritual growth	seeking connection to a higher purpose		
tolerance	being open to different ideas		
tradition	respecting an established way of things have been done		

